

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	61	67	69	55	70	53	74	76	68	79	62	63	72	65	66	64	51	59	60	57
	Joao Ra	Luis Sil	Augusto	Jose Mo	Mario	Pedro R	Dario G	Rui Car	Jose Fo	Joao Go	Telmo	Joao Te	Carlos	Miguel	Francis	Raul Gi	Sergio	Jose Oli	Miguel	Antonio
1	1:04.244	0:58.770	0:58.870	1:01.374	0:58.867	0:59.773	1:00.805	0:59.261	1:00.552	1:00.681	1:00.274	1:00.404	1:01.209	0:59.951	1:00.831	0:59.953	1:16.299	0:59.889	1:00.711	1:00.755
2	0:56.003	0:56.342	0:58.017	0:57.190	0:57.138	0:57.267	0:57.227	0:57.542	0:57.266	0:58.189	0:57.847	0:57.343	0:56.804	0:56.909	0:56.827	0:57.993	1:03.985	0:57.270	0:57.858	0:57.219
3	0:55.511	0:56.147	0:56.413	0:55.927	0:56.203	1:02.920	0:56.816	<b>0:55.815</b>	0:56.828	0:56.431	0:57.052	0:56.414	0:56.226	1:13.804	0:56.559	0:57.248	0:57.837	0:57.989	0:57.027	0:57.154
4	<b>0:54.492</b>	0:55.101	0:56.436	0:56.185	0:55.846	0:56.542	0:55.951	0:57.397	0:56.764	0:56.328	0:56.688	1:00.842	0:56.645	0:56.583	0:56.505	0:56.821	0:56.432	0:57.211	0:57.112	<b>0:56.449</b>
5	0:56.771	0:55.120	0:55.816	0:56.413	0:56.010	0:56.464	0:56.748	0:56.446	0:56.842	0:56.427	1:01.196	0:56.825	0:56.141	0:57.131	0:56.654	<b>0:56.330</b>	0:56.886	0:57.584	0:57.502	0:56.730
6	0:56.511	<b>0:54.638</b>	0:55.485	0:55.682	<b>0:55.588</b>	0:56.252	0:56.005	0:56.463	0:56.405	0:56.429	<b>0:55.981</b>	0:57.276	0:56.205	0:56.656	0:58.685	0:56.559	0:58.296	0:56.744	0:57.086	0:56.670
7	0:54.874	0:55.358	0:55.407	0:55.817	0:56.269	0:56.401	0:55.948	0:56.278	0:56.033	0:56.692	0:56.812	0:56.204	0:56.530	0:57.000	0:56.567	0:56.814	0:56.423	0:56.997	0:56.607	0:57.890
8	0:56.048	0:55.162	<b>0:55.300</b>	<b>0:55.568</b>	0:56.384	<b>0:55.792</b>	0:56.006	0:55.937	0:57.123	0:56.268	0:56.883	<b>0:56.052</b>	<b>0:56.623</b>	<b>0:56.147</b>	0:56.717	0:56.998	0:57.247	<b>0:56.408</b>	0:56.935	0:56.780
9	0:55.169	0:55.691	0:55.823	0:55.935	0:56.550	0:56.121	0:55.917	0:56.402	<b>0:55.886</b>	0:55.992	0:56.139	0:56.527	<b>0:56.069</b>	<b>0:56.391</b>	<b>0:56.231</b>	0:57.583	0:57.041	0:57.334	0:56.436	0:58.796
10	0:57.186	0:55.410	0:55.359	0:55.743	0:55.985	<b>0:57.503</b>	0:55.814	0:56.837	<b>0:56.806</b>	<b>0:55.922</b>	1:00.975	<b>0:57.543</b>	<b>0:56.501</b>	<b>0:58.952</b>	0:56.498	0:57.366	0:56.395	0:57.491	0:57.474	0:56.763
av	<b>0:56.680</b>	<b>0:55.773</b>	<b>0:56.292</b>	<b>0:56.583</b>	<b>0:56.484</b>	0:55.154	<b>0:56.723</b>	0:54.909	<b>0:57.050</b>	<b>0:56.935</b>	<b>0:57.984</b>	0:54.743	<b>0:56.895</b>	0:55.625	<b>0:57.207</b>	0:54.442	<b>0:59.684</b>	0:55.171	0:54.948	<b>0:57.520</b>
History	0:54.492	0:54.638	0:54.685	0:54.646	0:55.588	0:55.277	0:54.611	0:54.917	0:55.394	0:55.027	0:55.038	0:54.818	0:54.700	0:55.644	0:54.814	0:54.999	0:55.174	0:55.531	0:55.044	0:54.669
	0:54.713	0:54.746	0:54.830	0:54.963	0:55.663	0:55.296	0:54.651	0:55.003	0:55.662	0:55.038	0:55.303	0:55.334	0:54.745	0:55.673	0:55.235	0:55.056	0:55.275	0:55.564	0:55.300	0:54.944
	0:54.761	0:54.871	0:54.885	0:54.980	0:55.723	0:55.326	0:54.733	0:55.032	0:55.886	0:55.295	0:55.712	0:55.388	0:55.348	0:55.680	0:55.419	0:55.109	0:56.074	0:55.738	0:55.323	0:55.124
	0:54.902	0:54.881	0:55.046	0:54.989	0:55.741	0:55.376	0:54.742	0:55.134	0:56.199	0:55.303	0:55.723	0:55.404	0:55.585	0:55.707	0:55.438	0:55.120	0:56.395	0:55.771	0:55.350	0:55.566
	0:55.015	0:54.916	0:55.060	0:55.080			0:54.808				0:55.396	0:55.740		0:55.761		0:55.659				0:56.093

Resultados do Heat			
Pos	#Nome	laps	Melhor
1	61 Joao Rai	10	54.492
2	67 Luis Sil	10	54.638
3	69 Augusto	10	55.300
4	55 Jose Mo	10	55.568
5	70 Mario	10	55.588
6	53 Pedro R	9	55.792
7	74 Dario G	10	55.814
8	76 Rui Car	9	55.815
9	68 Jose For	10	55.886
10	79 Joao Go	10	55.922
11	62 Telmo	10	55.981
12	63 Joao Tei	9	56.052
13	72 Carlos	10	56.069
14	65 Miguel	9	56.147
15	66 Francis	10	56.231
16	64 Raul Gir	9	56.330
17	51 Sergio	10	56.395
18	59 Jose Oli	9	56.408
19	60 Miguel	9	56.436
20	57 Antonio	10	56.449
21	77 Augusto	10	56.476
22	78 Luis Soa	9	56.556
23	80 Joao Se	10	56.668
24	56 Duarte	9	57.392
25	73 Vitor C	9	58.418

Melhores tempos de hoje		
1	13:11 Luis Soar	0:59.928
2	12:59 humberto	2:52.248

Record da semana		
21-11-09	Raul Girã	0:54.442
Record do mês		
04-11-09	Alvaro Pin	0:53.551
Record do ano		
04-11-09	Alvaro Pin	0:53.551
Record de sempre		
04-11-09	Alvaro Pin	0:53.551

	21	22	23	24	25
	77	78	80	56	73
	<b>Augusto</b>	<b>Luis So</b>	<b>Joao Se</b>	<b>Duarte</b>	<b>Vitor C</b>
1	1:01.238	1:05.291	1:02.819	1:11.825	1:01.379
2	0:56.988	0:57.693	0:58.944	1:00.786	1:00.348
3	0:57.892	0:57.803	0:57.306	0:58.807	0:59.628
4	0:56.575	0:56.556	0:59.043	0:58.793	0:58.871
5	0:57.161	0:56.830	0:58.484	0:58.785	1:00.013
6	0:57.439	0:56.827	0:58.664	0:58.042	1:05.672
7	0:56.476	0:56.800	0:57.066	0:58.866	0:58.418
8	0:57.606	0:56.987	0:57.884	0:57.392	1:08.265
9	0:56.978	0:56.596	0:56.668	0:58.288	1:10.414
10	0:56.698	0:57.931	0:57.348	1:00.176	1:02.556
av	0:57.505	0:54.512	0:58.422	0:55.809	0:55.546
History	0:55.291	0:55.049	0:54.978	0:56.388	0:55.571
	0:55.295	0:55.389	0:55.217	0:56.613	0:56.088
	0:55.361	0:55.422	0:56.429	0:57.392	0:56.150
	0:55.582	0:55.474	0:56.668		0:56.466
	0:55.616				

Resultados do Heat			
Pos	#	Nome	laps Melhor
1	61	Joao Rai	10 54.492
2	67	Luis Sil	10 54.638
3	69	Augusto	10 55.300
4	55	Jose Mo	10 55.568
5	70	Mario	10 55.588
6	53	Pedro R	9 55.792
7	74	Dario G	10 55.814
8	76	Rui Car	9 55.815
9	68	Jose For	10 55.886
10	79	Joao Go	10 55.922
11	62	Telmo	10 55.981
12	63	Joao Tei	9 56.052
13	72	Carlos	10 56.069
14	65	Miguel	9 56.147
15	66	Francisc	10 56.231
16	64	Raul Gir	9 56.330
17	51	Sergio	10 56.395
18	59	Jose Oli	9 56.408
19	60	Miguel	9 56.436
20	57	Antonio	10 56.449
21	77	Augusto	10 56.476
22	78	Luis Soa	9 56.556
23	80	Joao Se	10 56.668
24	56	Duarte	9 57.392
25	73	Vitor C	9 58.418

Melhores tempos de hoje		
1	13:11	Luis Soar 0:59.928
2	12:59	humberto 2:52.248

Record da semana		
21-11-09	Raul Girã	0:54.442
Record do mês		
04-11-09	Alvaro Pin	0:53.551
Record do ano		
04-11-09	Alvaro Pin	0:53.551
Record de sempre		
04-11-09	Alvaro Pin	0:53.551